



Life Long Learning Issue

We encourage our volunteers, contractors, staff, and clients to be lifelong learners.

We do our best to connect you to any upcoming workshops, training sessions, and activities that may be of interest to you.

Please let us know if you have a particular topic you'd like to see covered in a workshop. We'll try to fulfill that request.

Be sure to scroll down to the second page for upcoming workshops in Dawson Creek.

Online Workshop for Caregivers



The Caregiver Network

offers online webinars on topics of interest to caregivers. Although we don't refer to our volunteers as caregivers, or expect them to offer caregiver services, there is still a lot of information in these workshops that could be very helpful.

Browse the webpage to see if there's anything that interests you. And please let us know if you participate, we'd love to hear your feedback about these webinars.



June 16th:

Help! My Family Member is a Hoarder

This webinar starts at 7pm EST (Eastern Standard Time) which means it starts here at 4pm. If you have difficulty figuring out time zones [this page](#) will help you convert the time to your local time zone.

Links in this article:

Caregiver website: <http://thecaregivernetwork.ca/>

Time Zone Converter: <http://www.timebie.com/>

Hoarding Webinar: <http://thecaregivernetwork.ca/event/help-family-member-hoarder/>



Better at Home is funded by the Government of British Columbia.



United Way helping seniors remain independent.



South Peace Community Resources Society

Learn the facts
Get the information you need

Tuesday, May 31st
1:00 pm

in the Better at Home Office in Co-op Mall

**"It's Not Right - Friends and Family
for Older Adults"**

Facilitated by Lindsay Jardine - BC Community Response
Network

Workshop Covers Information on:

- * Abuse, neglect, and self-neglect
- * Warning signs of abuse
- * Ageism
- * What you can do about it

This workshop will be 90 minutes long

Tuesday, June 7th
1:00 pm

in the Better at Home Office in Co-op Mall

"Getting to Know Dementia"

Facilitated by Laurie De Croos - Alzheimer Society BC

Workshop Covers Information on:

- * What is Dementia
- * Behaviours & Communication
- * What You Can Do

*This workshop will be 2 hours long and will include a break
midway and a Q&A session at the end*

This one's coming up SOON!

**This is information that is
vital for all people who work
or volunteer with seniors.
Because you care—you need
the facts!**

Family Caregiver Series

**An education series for family members who are caring
for a person with dementia.**

Thursday, June 9th, 9:00am to 4:00pm

Location To Be Announced

The Family Caregiver Series covers the following topics:

- * Understanding Alzheimer's disease and other dementias
- * Effective and creative ways of facilitating communication with a person with dementia
- * Problem solving for responsive behaviours
- * Personal planning and navigating the health care system
- * Self-care for Caregivers

For more information or to register contact:

Leanne Raney at 1-866-564-7533

This workshop is offered by the Alzheimer BC Society



**This workshop has been
designed especially to
address dementia from a
volunteer's point of view.
You will be able to ask any
questions you need to.**

**If you or someone you know, would like an
opportunity to attend a more in-depth
workshop on dementia; particularly if you are
a caregiver for a person with dementia, you
may want to register for this workshop.**