

“What Matters to You” in Dawson Creek

‘What Matters to You’ day started in Norway in 2014, with the aim of encouraging and supporting more meaningful conversations between patients, caregivers, families, and their care providers.

What began in Norway gained momentum as an international movement with currently over 30 countries participating. The day encourages as many providers as possible to have ‘what matters to you’ conversation with the people they support and care for. While ‘What Matters to

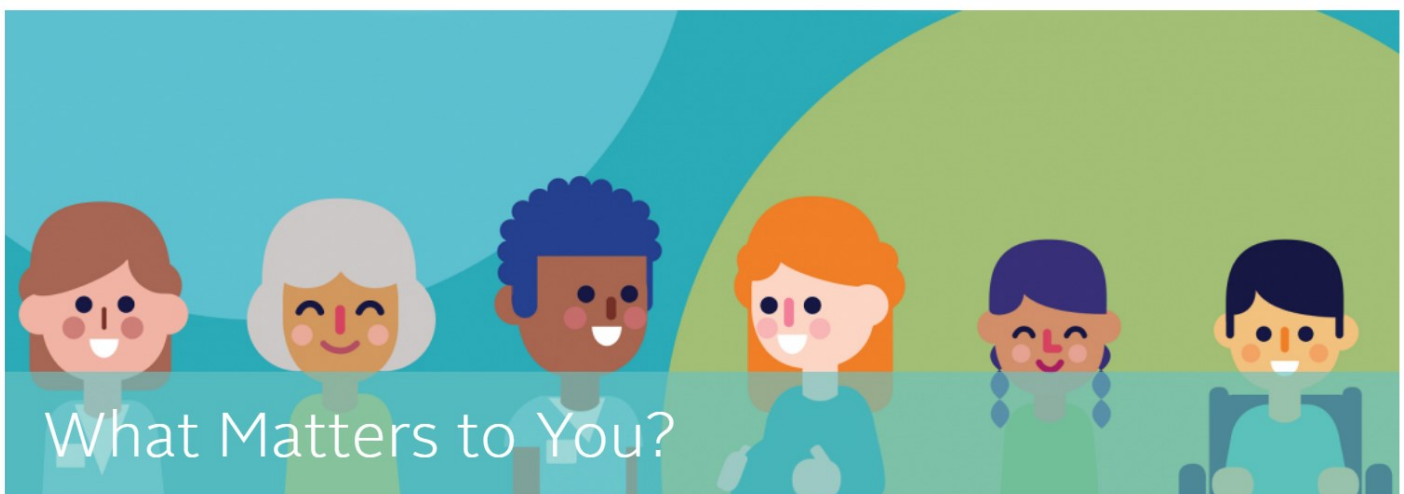
You’ Day is a single event, people are encouraged to have multiple conversations and to keep having these conversations beyond the day itself.

Anthony Gagne, Engagement Leader for BC Patient Safety and Quality Control, will be speaking about “What Matters to You” in Dawson Creek. If you would like to join the Patient Voices Network to improve and transform the BC Health Care system, please consider attending.

Tuesday, August 7th from 7—9pm

Grandview Chapel

900 94th Ave, Dawson Creek



Be Sun Safe!



When you're out there mowing lawns, weeding gardens, or just playing in the summer sun, remember to stay 'Sun Safe'!

- Wear a long-sleeved shirt and pants for the best protection.
- Your hat should have a brim at least 3 inches wide
- Make sure your sunglasses are rated to filter out UV rays.
- Use water-resistant sunscreen with an SPF rating of 15 or more (Reapply if you're sweating).
- Remember to protect the skin on your face, neck, ears, hands and lips.
- Be aware of your surroundings! Light reflects off water, sand, and other surfaces and can increase the intensity of your exposure.



United Way

Better at Home is funded by the Government of British Columbia.

Better
at Home

United Way helping seniors
remain independent.



South Peace Community Resources Society

Better at Home is located in the Dawson Co-op Mall - 250-782-2341 - www.dcbetterathome.org - lstudley@spcrs.ca