

Dawson Creek Better at Home E-Newsletter

Dawson Creek Better at Home **Seniors' Help Line**

250-219-2119

Any senior can call for help accessing services, information, and resources. If we don't know it, we'll find out and get back to you. All calls and messages will be responded to.

We also invite **organizations, businesses and service providers** to call and give us your information on your senior services. We are in regular contact with over 200 local seniors and can get your message to them.



United Way helping seniors remain independent.



South Peace Community Resources Society

Better at Home is funded by the Government of BC and managed by the United Way of the Lower Mainland
Hosted in Dawson Creek by SPCRS and SPSASS

Referral Information: Dawson Creek

Yard Work

Better at Home/ volunteer lawn mowing
250-219-2119

Cam's Cuts Yard Maintenance
1512 101 Avenue
(250) 719-6259

Medical appliances, supplies etc...

Dawson Creek Home Medical Needs Ltd.
723 116 Ave
250-719-0577 or 250-719-0578

Food Security

Meals for You
250-782-3221 or 250-782-3837
Delivery can be arranged

Networks Ministry: Food Bank Tuesday, Wednesday, Thursday 10am to 2:30pm—phone for appointment. Good Food Boxes/delivery call. 250-784-0166

Nawican Friendship Centre: Hot meals Monday to Saturday 12—2pm, Take out only. No Elders' Café during Covid 19. 250-782-5202

Salvation Army: Food Bank Monday, Wednesday, Friday from 10:30 to 1:30 by appointment only
250-782-8669

St Mark's Anglican Church: Food Bank Tuesdays and Thursdays, drop in. One food hamper per month plus bread, perishables, and bag lunches any day the food bank is open. Soup Kitchen closed until further notice.

Transportation:

Northern Health Connections Bus
1-888-647-4997

Only 12 people on bus at a time to allow for social distancing.

Step Up and Ride: transportation. Must be unable to access public transportation. Monday—Friday between 9:30am and 1:30pm. Call 250-782-7433.

Clothing/Household items:

Networks Ministry: one person in store at a time. Call for appointment 250-784-0166.

Salvation Army Thrift Store is closed until further notice

EMERGENCY NUMBERS	
Emergencies—fire/rescue/etc...	911
Ambulance	250-782-2211
BC Drug & Poison Control	1-800-567-8911
Dawson Creek & District Hospital	250-782-8501
Northern BC Crisis Line	1-888-562-1214
BC Suicide Hot Line	1-800-784-2433
BC Mental Health Support	310-6789
Crisis Line—TTY	1-866-872-0113
BC Hydro—report outage	1-800-224-9376
Pacific Northern Gas	1-800-663-1173
Telus	310-2255
Health Link BC	811



CHANGES TO BUS SCHEDULE AND FARES

Service Change: Starting June 29th
Fare Change: Starting July 1st



To view changes in service routes and fare costs, visit: www.bctransit.com

For more assistance in locating services, resources, and referrals for seniors, please call...

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COVID-19

Closures, Cancellations and Reopening



www.dawsoncreek.ca



City of Dawson Creek or
City of Dawson Creek Recreation



(250) 784-3600

As the continued risks associated with the COVID-19 pandemic evolve, the following list will be updated regularly.

**REVIEW POSTED SIGNAGE FOR USE RESTRICTIONS;
PLEASE FOLLOW ALL RECOMMENDED HEALTH GUIDELINES.**

IN-TOWN AMENITY	STATUS	ESTIMATED RE-OPEN DATE
City Hall - Main floor	Open	June 1, 2020
City Hall - 3rd Floor (Administration) - Basement (Community Services)	By appointment only	June 1, 2020
Disc Golf course	Open	May 21, 2020
Parks & Outdoor Trails (Municipal)	Open	
Skate Board Park	Open	
Tennis Courts	Open	
Kenn Borek Aquatic Centre	CLOSED	Closed until further notice
Kin Arena	CLOSED	Closed until further notice
Memorial Arena	CLOSED	Closed until further notice
Playgrounds (Municipal)	CLOSED	JUNE 2, 2020
Classes (Indoor)	CANCELLED	Cancelled until further notice
Classes (Outdoor)	TBA	July 2020 (limited)
Rentals	CANCELLED	No rentals until further notice
Seniors Fitness Park	CLOSED	JUNE 2, 2020
Sports Fields (Soccer, Baseball)	CLOSED	Closed until further notice
Wayne & Bev Dahlen Walking Track	CLOSED	October 2020





GROCERY DELIVERY

Are you isolated or quarantined or can't get out because of COVID-19? Would you like to order Groceries and have them delivered?

Payment available by credit card or e-transfer.

DCSCL staff will pickup groceries and deliver.

Orders limited to 20 items.

Please call Anne at 250 782 2611 Ext 227

Monday, Tuesday or Thursday Mornings between 9am and 1pm.

Delivery days will be Wednesdays and Fridays