



Recreation

Senior Bus Tours

With the help of BC Transit and the City of Dawson Creek, 'Better at Home' assists Dawson Creek seniors to remain connected to the community through Seniors' Bus Tours.

Passengers discover how a simple bus ticket can open a door to fun and independence as they explore new stops and new possibilities.

Partners

Better at Home is pleased to partner with the "Square 1 for Seniors" - Social Prescribing Program 250-219-2119

Call for more information on the Social Prescribing program.

For more information

Phone: 250-782-2341

Website:

www.dcbetterathome.org

Carmella Maga

Program Coordinator

Email: pcbah@spcrs.ca

Phone: 250-782-2341

Cell: 250-219-2119

Volunteer Coordinator

Email: vcbah@spcrs.ca

Cell: 250-784-7877

Our office is located

In the Dawson Co-op Mall
Suite 117 10200 8th Street
Dawson Creek BC, V1G 3P8

Hours:

Mon. - Fri. 9:00 am -3:30 pm

Better at Home General Brochure



We're Giving Seniors a Hand



South Peace Community Resources Society



United Way helping seniors remain independent.



Better at Home is funded by the Government of BC and managed by United Way BC. Hosted in Dawson Creek by South Peace Community Resources Society and by South Peace Seniors Access Services Society



Services for Seniors

'Better at Home' provides services, or referrals to services, to seniors 65 years of age or older living independently in Dawson Creek who face barriers to performing these tasks on their own.

- House Cleaning
- Friendly Visits
- Home Maintenance/Handyman
- Transportation/Accompaniment
- Snow Removal
- Yard Work

Cost

Most services are provided free by local volunteers. If a contractor must be hired, seniors may be required to pay a portion of the cost depending on their income.



Volunteers

Volunteers have control over their schedules and the types of services they provide;

- Social visits or taking seniors shopping or to appointments.
- Mowing lawns or shoveling snow
- Odd jobs - like moving furniture or hanging curtains.
- Helping out at special events or with fundraising.

No matter what you like to do or how much time you can spare, there's a volunteer opportunity for you!

We also offer specialized training opportunities and will send you our monthly newsletter.



Sustainability

We direct volunteer efforts as much as possible to meet needs. We actively seek additional sources of financing and organize fundraising events to help us meet our mandate.

We appreciate any and all suggestions or contributions to help us make 'Better at Home' as sustainable as possible. We can offer tax receipts for donations.

Profits from our sales of 'Treasured Chronicles' DVDs and the "Good Things" Cookbook, as well as from other fundraising campaigns such as the 'Sponsor a Senior' initiative help us provide housekeeping and snow plowing services to seniors without having to institute waiting lists.