

Oct 2015

DAWSON CREEK BETTER AT HOME VOLUNTEER NEWSLETTER

Giving Thanks - Receiving Thanks

Whenever the gift of time and caring is shared, everyone has cause to be thankful. Thankful for the help they have received or thankful for the health, strength, and ability to offer that help.

Volunteering gives us a chance to reach out and become a part of something bigger than ourselves, to become a part of our community, part of our society.

Thank you for being a part of that "Something Bigger."

- You're Invited to -
Better at Home 5th Anniversary
Open House!

When: Friday, Oct 9nd - noon to 3pm

Where: Better at Home office in Co-op Mall

Refreshments, Draws, Live Music.
Everyone Welcome!

Dawson Creek Better at Home Contact Info:

250-782-2341 | Istudley@spcrs.ca or athorpe@spcrs.ca | www.dcbetterathome.org | located in the Co-op Mall, Dawson Creek

Tracking Volunteer Hours—Why is it Important?

All 'Better at Home' volunteers are asked to track their volunteer hours on a monthly basis. There are several reasons for this requirement.

1. Our provincial management team collects these stats for all the Better at Home programs (over 60 in BC). So we are required to supply them with those numbers. It's our way of showing that the program is working.
2. It's a great way for us to look at a senior's file and, at a glance, make sure they're getting the services they requested. We never want anyone to 'fall between the cracks', so we keep detailed records of services requested and services rendered.
3. We can see if a volunteer is putting in a really high number of hours - then we can check and make sure they aren't overloaded. Volunteer burn-out is just not an option on the 'Better at Home' team.
4. The numbers can provide a very clear picture of how our volunteer's contributions have made an important and positive impact on the lives of seniors and on our community. Without them we couldn't have calculated that in the winter of 2014/2015 our volunteers moved over 63 tons of snow! (check out the calculations in the [March newsletter](#))

A big thank you to all our volunteers for being such sports about sending in volunteer hours.



Don't forget to check out the Volunteer Page on our website www.dcbetterathome.org



The Dawson Creek Senior Citizens' Association

will be holding a Seniors' Day Celebration on Sunday, October 4th, between 10 am and 4 pm. at the Seniors' Hall (beside the Dawson Creek Library). There will be information tables, refreshments, and entertainment. Everyone Welcome.



A society is ultimately judged by how it treats its weakest and most vulnerable members



Better at Home is funded by the Government of British Columbia.



United Way helping seniors remain independent.



South Peace Community Resources Society